

making
participation
a reality for
young people
with emotional
health and
wellbeing issues

SOUND OUT

a North East London Strategic Health Authority
Child and Adolescent Mental Health Services showcase event
hosted by Newham CAMHS 22 March 2006

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making participation a reality

AIMS FOR THE AFTERNOON

To provide a forum for exploring models of good practice in child and young person involvement and examine the key elements which enable it to happen

PROGRAMME

12.30 **Arrival and lunch**

1.15 **Introductions and welcome** **Hakim Shakur** *Event Chair and Newham Care Leaver*

1.30 **Robert Maragh** *Head of Integrated Commissioning for Children and Young People, Newham PCT/Council*

1.40 **Mary Killick** *Regional Development Worker and CAMHS Project Lead*

2 **DVD presentation**

2.20 **Terry Clark** *Policy and Research Officer, Participation Workers Network for England*
'Participation Works' and the Participation Workers Network

Joe Roberson *Project Lead, Advocacy in Somerset*
Ready Steady Change and *The Headspace Toolkit*

2.50 **Feedback and questions**

3 **Break for tea and coffee**

3.20 **Barbara Herts** *Director, Young Minds*
Participation in practice

3.40 **Dipti Morjaria** *Children's Rights Manager, Newham*
Newham Children's Rights Counselling Service

4 **Summary and questions** **Robert Maragh** and **Hakim Shakur**

4.30 **Close**

North East London 
Strategic Health Authority

a NELSHA CAMHS showcase event hosted by Newham CAMHS



**Newham
Child and Adolescent
Mental Health Services**

See our new directory of services in Newham at www.camhsnewham.co.uk

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FURTHER INFORMATION AND RESOURCES

Barnardo's The UK's leading children's charity, offering a range of support services for children, young people and their families. Publications shop

www.barnardos.org.uk/onlineshop/publications/acatalog

Carnegie Young People Initiative (CYPI) Children and young people's participation is the sole focus of CYPI. They specialise in research, new ideas, and piloting innovative projects.

www.carnegieuktrust.org.uk/cypi/publications

The Children's Rights Alliance (CRAE) An alliance of over 340 voluntary and statutory organisations committed to children's human rights. www.crae.org.uk

The Headspace Toolkit A self-advocacy and rights toolkit for young people in adolescent psychiatric units. www.headspacetoolkit.org

The National Children's Bureau One of the leading publishers in the field of children's services, with a wide range of books, reports, training and development resources, CD-ROMs and videos to support professionals, parents, children and young people.

www.ncb-books.org.uk/NCB_Books_Participation_31.html

Participation Works A brand new online gateway to the world of children and young people's participation. www.participationworks.org.uk

Trust for the Study of Adolescence Stock over 200 titles for professionals working with young people. These include a variety of resources: books, audio tapes, videos, DVDs, CDs, reports, training materials, and training packs. They also stock a small range of books and videos for parents of teenagers and some excellent titles for teenagers themselves to read.

www.tsa.uk.com/publications

The Who Cares? Trust Has been producing publication directly for young people since 1987. Listening to what young people in public care say and taking their views forward underpins and guides the way they work. All of their publications encourage the active consultation and participation of young people living in care today. www.thewhocarestrust.org.uk

Young Minds The national charity committed to improving the mental health of all children and young people. Putting Participation into Practice www.youngminds.org.uk/ppp

UPCOMING EVENT

Sharing Best Practice: Implementing the Youth Matters Green Paper

30 March 2006 1 Great George Street, London A **Young People Now** conference focusing on effective ways of implementing the Youth Matters green paper. Showcasing pilot schemes from various youth services, it will also explore the practical implications of these plans and how you can overcome the hurdles and challenges they present. www.greenpaperforyouth.com

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