



**Newham
Child and Adolescent
Mental Health Services**

quarterly forum and newsletter 4, July 08

sharing knowledge & good practice, and developing collaborative networks

www.camhsnewham.org.uk

Welcome to the fourth edition of a new e-newsletter which will be sent out to *all* CAMHS networks. The newsletter will report on the new quarterly CAMHS forum meetings, which replace the former CAMHS Reference Groups and Newham Parenting Forum. The new forum will be an opportunity to share good practice, meet colleagues in different teams and sectors, and inform the commissioning process over time.

The forum will be supported by the newly appointed CAMHS Commissioning Manager, *Dipti Morjaria* and the CAMHS Commissioners. The forum will also be a place where suggestions can be made for the CAMHS website.

After the trauma: recovery and resilience in young people

Dr Ruth Armstrong, Head of Clinical Psychology

Charlotte Seymour, Systemic Family Therapist

Child & Family Consultation Services, Newham

Thurs 18 Sep, 10-12.15, Stratford Town Hall (lunch provided)

Young people's mental health in Newham: three counselling organisations

Ami Gill, Newham Asian Women's Project

Nicola Mansfield, Schools' Counselling Service

June Delmont, Drug and Alcohol Service for London

Thurs 11 Dec, 10-12.15, Stratford Town Hall (lunch provided)

Dipti Morjaria dipti.morjaria@newham.gov.uk

Percy Aggett percy.aggett@eastlondon.nhs.uk

This new forum will run quarterly.

Its aim is to bring together all sectors, individuals and teams working at all the CAMHS tiers in Newham.

We hope to share knowledge and innovations, meet commissioners, develop collaborative networks, and share new information so that the Newham CAMHS website can be updated, and we can ensure our local services are appropriate to the needs of children and young people in Newham.

This local conversation is a space where a variety of views can be expressed and exchanged, where difference and diversity is welcomed, and where new ideas can be co-evolved.